



ESI-PGIMSR, ANDHERI MUMBAI



ANNOUNCEMENT

Department of Orthopaedics, ESI-PGIMSR, Andheri, Mumbai, is pleased to announce a CME on
“*Evolving Concepts in Osteoporosis Treatment – Recent Updates*”

This CME is accredited by Maharashtra Medical Council.

Details of Programme are as follows:

Date: 11th June 2011,

Time: 10.00 AM onwards

Venue: Lecture Hall, 4th floor, ESI-PGIMSR, Andheri (E), Mumbai-93.

Time		
10.00 am- 10.30 am	Registration, Tea and snacks.	
10.30 am-11.00 am	Inauguration	
	Topics	Speakers
11.00 am -11.40 am	Introduction & Diagnosis of Osteoporosis	Dr. Archana Juneja (Endocrinologist)
11.40 am -12.15 am	Pharmacological Options of Osteoporosis	Dr. Sunil Kumar Singh (Rheumatologist)
12.15 pm-12.45 pm	Surgical Management	Dr. Mihir Bapat (Orthopaedic & Spine Surgeon)
12.45.00 PM-1.00 pm	Interactive Q & A Session	
1.00 pm-1.30 pm	Vote of Thanks	
1.30 pm onwards	Lunch	

For Details and Registration contact :-

Dr. Sanjay Kantharia

Dr. Shashikant Nawale

Note:

1. Registration is free and is on first come first basis as we have limited seats.
2. Registration is compulsory.
3. Spot Registration is available.
4. Attendance (Sign in and Sign out) is compulsory for issue of certificate.

CME REPORT BY DEPARTMENT OF ORTHOPAEDICS HELD ON 11TH JUNE 2011, AT ESI-PGIMSR, ANDHERI, MUMBAI.

Department of Orthopaedics organised Continuing Medical Education (MEU) Scientific Seminar on 11th June, 2011 on Saturday.

The topic was “*Evolving Concepts in Osteoporosis Treatment – Recent Updates.*”

The theme on the CME was “**Brittle bones to strong Bones.**”

The basic idea to keep the above CME was keeping in mind the prevalence of Osteoporosis in the recent times.

“Deep Prajvalan” was duly done by the Dean, **Dr. Meenakshi Mathur** and Speakers of the CME.

Introductory Speech was given by Dean and MS of the Hospital.

91 registrations were done for by doctors in house and also doctors from ESI hospitals also attended the CME duly.

1. **Dr. Archana Juneja** - *Endocrinology.*

She spoke about the basics of osteoporosis, its pathogenesis and pathophysiology, diagnostic tests to know the severity of osteoporosis, relevance of BMD test, FRAX score with its significance to Indian Patients, role of calcium therapy, exercises and prevention of falls, repercussions in prolonged stem Cell therapy.

2. **Dr. Sunil Kumar Singh** - *Rheumatologist.*

He talked extensively about medical therapy of the osteoporosis, namely drugs to the osteoplastic activity of the bone and role of combination therapy.

3. **Dr. Mihir Bapat** – *Orthopaedic Surgeon*

He talked about the various surgeries in the Osteoporosis, its indications and contraindications, role of *vertebroplasty* and *kyphoplasty* – its pros and cons.

Thus, CME on osteoporosis was covered from covered in totality from all aspects..

Vote for thanks was given by **Dr. Sanjay Jadhav**, Associate Professor in Orthopaedics. The whole CME was co-ordinated and compared by **Dr. Vibhuti Ambawade**, Associate Prof. of Pathology.

The CME was followed by lunch to the speakers and all the delegates, who attended the CME.